



Maria Mariana

ChoreographIn: Friedrich Maier,
Oktober 2026

Level: Improver Polca, 32 Counts, 4 Wall

Musik: Maria Mariana / Adhy'N Country

2xTAG (4 Counts): 2x Step turn ½ left (or V-Step)

1. End on Wall 6 (6:00)
2. End on Wall 13 (9:00)

[1-8] Kick Ball Step, Step, Touch, Coaster Step, ½ Step Turn

1&2	Kick right forward, Step on ball right next to left, Step forward on left
3-4	Step forward on right, Left Touch next right
5&6	Step left back, right next to left, Step left forward
7-8	Step right forward, ½ turn left, wight on left (18:00 Uhr)

[9-16] Cross, Side Rock, Cross, Side Rock ,Cross, Slide, Ball, Step

1&2	Cross right over left, Step left side, weight back to right
3&4	Cross left over right, Step right side, weight back to left
5-7	Cross right over left, big step left side (slide 6-7)
&8	Right next to left on Ball, left step forward

[17-24] Charleston Step, 1/2 Step Turn Step Left, Point, Touch

1-2	Swing right forward and point Toe forward, Step right back
3-4	Swing left back and point Toe back, Step left forward
5&6	Right step forward, ½ turn left and step on left, right step forward (12:00 Uhr)
7&8	Left Point forward, Step left next to right, right Touch near left



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[25-32] Chasse right, ¼ Turn, Chasse left, 4x Skate r/l/r/l

1&2&	Step right side, left close to right, right Step right, ¼ turn left (weight remains right) (9:00 Uhr)
3&4	Step left side, right close to left, Step left side
5-6	Skate right, Skate left
7-8	Skate right, Skate left

2x TAG (4 Counts): 2x ½ STEP TURN (EASIER OPTION: V-STEP)

1. End of Wall 6 (6:00)
2. End of Wall 13 (9:00)

1-2	Step right, fwd., 1/2-turn left and weight on left Easier Option V-Step: Step right diag. fwd., step left diag.fwd.
3-4	Step right, fwd., 1/2-turn left and weight on left Easier Option V-Step: Step right back to center, close left to right

