

Official WCDF competition dance description 2020

Good Hearted Woman

Alessandra Tisi

Type : 32 Count, 4 Wall, Clockwise, Lilt (Polka)
Level : Classic Line Dance Newcomer A
Music : "A Good Hearted Woman" by Leann Rimes (BPM 109)

SCUFF, STEP OUT 2X,

HEEL BOUNCE 2X, SAILOR STEP 2X

1 RF Scuff forward
& RF Step diagonally forward R
2 LF Step L
3 BF Bounce heels
4 BF Bounce heels
5 RF Cross behind
& LF Step L
6 RF Step R
7 LF Cross behind
& RF Step R
8 LF Step L

CROSS BEHIND, ¾ TURN R,

ROCK STEP, COASTER STEP,

½ STEP TURN L

9 RF Cross behind
10 LF ¾ Turn R
RF Step forward (9.00)
11 LF Step forward
12 RF Recover weight
13 LF Step backwards
& RF Step together
14 LF Step forward
15 RF Step forward
16 LF ½ Turn L, step forward (3.00)

DIAGONAL SHUFFLE STEP 2X,

CROSS OVER, BACKWARDS,

CHASSE R

17 RF 1/8 Turn R, step forward (4.30)
& LF Step together
18 RF Step forward
19 LF ¼ Turn L, step forward (1.30)
& RF Step together
20 LF Step forward
21 RF Cross over
22 LF 1/8 Turn R, step backwards
(3.00)
23 RF Step R
& LF Step together
24 RF Step R

CROSS ROCK STEP, ¼ TURN L,

SHUFFLE STEP, ½ STEP TURN L, ,

¼ STEP TURN L

25 LF Cross over
26 RF Recover weight
27 LF ¼ Turn L, step forward (12.00)
& RF Step together
28 LF Step forward
29 RF Step forward
30 LF ½ Turn L, step forward (6.00)
31 RF Step forward
32 LF ¼ Turn L, step L (3.00)

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